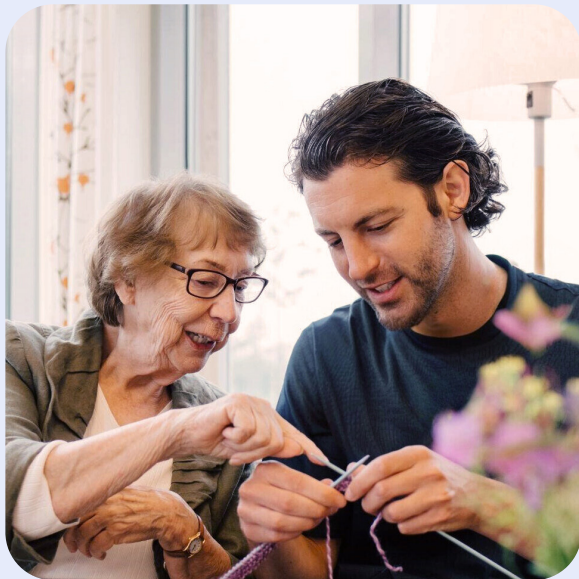




**Little Brothers** Embracing the Elderly

Welcome to your new family!



By bridging the gap with the elderly, we can put an end to their isolation.

[littlebrothers.ca](http://littlebrothers.ca)

## Our mission

To counter the isolation of seniors until the end of their lives.



LILY — ROSE



Want to have a greater human presence in your life?

Little Brothers is here to connect with you. Since 1962, we have been providing free companionship to seniors aged 75 and over.

“I was in darkness and feeling lost. And then, I found a family: Little Brothers. They said to me: ‘Madame Malouin, you are with us to the end of life.’ It was incredible! They saved my life.”

Ms. Malouin, Great Friend since 2010

## Types of support and companionship

- **Companionship pairing:** Build lasting friendships with a trusted volunteer;
- **Visits:** Whether you live at home, in a residence, a CHSLD or a hospital, we will come to you;
- **Friendship calls:** Receive phone calls from a volunteer who is here to listen to you;
- **Holidays and outings:** Enjoy a stay at Domaine Juliette-Huot, in Oka, or Chalet Paul-Garneau, in the Québec City region;
- **Major celebrations and birthdays:** Highlight special occasions in good company.



## How can I become part of the Little Brothers extended family?

Regardless of your social condition, your economic situation and your physical or cognitive health, we can provide companionship if you:

- are 75 years of age or older;
- reside in Québec;
- experience loneliness or suffer from social isolation;
- have no significant emotional connection to your family or immediate circle.



## Why join us?

By joining the Little Brothers extended family, you will meet trusted companions who will listen without judging. In other words, you won't be alone anymore.

[End my isolation](#)

Would you like to learn more?  
[littlebrothers.ca](http://littlebrothers.ca)

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